

Chicken Spaghetti

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This is a Weight Watchers' recipe, each serving is 5 points.

Ingredients

- 8 oz cooked chicken
- 3 cups cooked spaghetti (4 1/2 oz dry)
- 3 oz Mexican Velveeta (cubed & melted)
- 1 can 98% fat free can of mushroom soup
- 1/2 cup chopped onion
- 1/2 cup chopped bell pepper

Directions

1. Saute onion and bell pepper. Mix all ingredients. Pour in sprayed dish.
2. Cover and bake at 350 degrees until heated thoroughly.

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