

# Creamed Spinach

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## Ingredients

- 1 can chopped spinach
- 1/4 cup margarine
- 1/4 cup flour
- 1 tsp salt (optional)
- 1/2 tsp pepper
- 3/4 cup milk

## Directions

1. Melt margarine and blend in flour. Add seasonings and cook, stirring constantly.
2. Add milk and cook slowly until smooth and thick.
3. Add spinach and heat thoroughly.
4. Also Cream of Celery soup can be used instead of making cream sauce - just drain spinach and add soup.

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