

Taco Soup

Contributor: Evelyn Hert

Very good and satisfying. This is another Weight Watchers' recipe, each serving is 3 points.

Ingredients

- 1/2 lb ground round or turkey
- 1 large onion, chopped
- 1 pkg taco seasoning mix
- 1 pkg dry ranch dressing mix
- 1 can diced tomatoes (16 oz)
- 1 can tomato sauce (8 oz)
- 1 can Rotel
- 2 can pinto beans (16 oz)
- 1 can hominy or corn (16 oz)
- 1 can water

Directions

1. Brown meat and onion.
2. Add other ingredients. Simmer for 30 minutes.

Revision #1

Created 27 December 2023 23:43:19 by Jon Grose

Updated 27 December 2023 23:46:11 by Jon Grose