

Taco Soup

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Ingredients

- 1 lb ground beef
- 1 onion
- 1/2 tbsp minced garlic
- 1 pkg Hidden Valley Ranch Dressing Mix
- 1 pkg taco seasoning mix
- 3 cans beans (chili beans, light or dark red kidney beans... I use one of each)
- 1 can whole kernel corn
- 1 can diced tomatoes
- 1 can diced green chilies (small can of El Paso brand works well)

Directions

1. Brown the ground round and drain any excess grease.
2. Chop the onion and add it and all the other ingredients (including juices in the cans) to the ground round. Simmer until ready to eat... flavor is best after at least 30 minutes.
3. Can be frozen and reheated... it tastes great! Also can be done as a vegetarian meal... substitute one 12 oz package of Boca or Morningstar veggie crumbles and it's even easier... you just throw all the ingredients in at once. Also, Del Monte fiesta corn and Rotel diced tomatoes work well. This is one recipe that can't be messed up!!

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